

DISHES AND THEIR ALLERGEN CONTENT – The Swan at Nibley “Autumn & Winter Menu” Pg 3 of 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pie of the day CHANGES REGULARLY, PLEASE ASK		✓		✓			✓							
Lasagne al forno, grilled cheese, garlic bread and a side salad		✓		✓			✓		✓					✓
Breaded wholetail scampi, salad garnish, seasoned chips and tartare sauce		✓	✓				✓		✓					✓
Beef burger, chorizo and smoked mozzarella, bacon jam, sourdough bun with seasoned chips		✓					✓		✓					
Southern fried chicken burger, sourdough bun with garlic mayo and seasoned chips		✓		✓			✓		✓					
Ham slow-cooked with bay leaves, cloves and honey, served with two fried eggs, a salad garnish and seasoned chips				✓					✓					
Beer battered cod & chips, peas and tartare sauce		✓		✓	✓		✓		✓					
Chicken & bacon Caesar salad, anchovies, garlic croutons and Parmesan		✓		✓	✓		✓		✓					

Review date:
16/10/19


Submitted by: M JONES

Checked by: B ASHLEY-ROGERS



You can find this template,
including more information at
www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT – The Swan at Nibley “Autumn & Winter Menu” Pg 2 of 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Goats' cheese & sundried tomato risotto, rocket and toasted pine nuts, crisp cheese tuille (v)							✓			✓				
Blue cheese, walnut and spinach strudel, new potatoes, creamed leeks (v)		✓					✓			✓				
Sweet potato, corn & chilli burger, grilled halloumi and tomato salsa. Sourdough bun and seasoned chips (v)		✓		✓			✓		✓					
Slow-cooked lamb shank, roasted garlic mash, red wine glaze, shallot puree and sautéed greens							✓							✓
Pan-fried sea bass fillets, winter vegetable ratatouille, parmentier potatoes and basil oil					✓		✓							
The “Nibley” chicken, mushroom, bacon & tarragon sauce, hispi cabbage, caraway carrots and sautéed new potatoes							✓							
Sticky ox cheeks, buttered mash potato, curly kale and a creamed sweet potato purée							✓							✓
Hake fillet, on a bed of crushed caper potatoes, with green beans, a creamed lemon & dill sauce, crispy chillies		✓			✓		✓							

Review date: 16/10/19

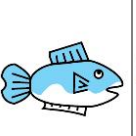
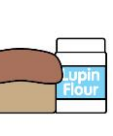


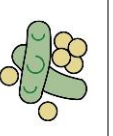
Submitted by:
M JONES

Checked by: B ASHLEY-ROGERS



You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT – The Swan at Nibley “Autumn & Winter Menu” Pg 1 of 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Charred sourdough, baked breads, balsamic vinegar and oils		✓												✓
“Olives et al” premium marinated and pitted olives														
Soup of the day, CHANGES REGULARLY, PLEASE ASK		✓												
Pulled pork croquettes, burnt corn salsa, BBQ sauce and dressed leaves		✓							✓					✓
Creamy baked garlic mushrooms, toasted sourdough and dressed leaves (v)		✓					✓		✓					✓
Smoked mackerel pâté, crème fraîche, roasted focaccia and crispy capers		✓			✓		✓							
Lamb koftas, tomato & onion salad and a mint yoghurt							✓							
Pan-fried Indonesian style chilli tofu, baby gem lettuce, drizzled with coriander oil (ve)													✓	
Box-baked Camembert with warm ciabatta slices and piccalilli		✓					✓		✓					✓

Review date: 16/10/19

Submitted by: M JONES

Checked by: B A ROGERS



You can find this template, including more information at www.food.gov.uk/allergy