## **DISHES AND THEIR ALLERGEN CONTENT –** The Swan at Nibley "May '25"

Review date:

May '25

DISHES						upin Flour	Milk		MUSTARD			NO.		Boor WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
STARTERS Somerset Pork Sausage Roll. Latticed all-butter puff pastry, house pickles and chutney	1	1		✓			<b>√</b>		1					✓
Pork Belly Rillettes. Confit pork belly served with red onion marmalade and house focaccia		WHEAT												•
Smoked Haddock Croquettes. parsley and chive emulsion	1			1	1		1		1					<b>✓</b>
Pan Seared Brixham Scallops. Ham hock, pea purée, scallop bisque	1				✓		✓	1	1					<b>✓</b>
Pickled Cornish Mackerel. Grilled house focaccia		WHEAT			✓									1
Chicken & Bacon Caesar Salad. Croutons, cos lettuce, anchovies, Caesar dressing		WHEAT		✓	✓		✓		<b>✓</b>					<b>✓</b>
Crispy Artichoke Caesar Salad. Croutons, cos lettuce, anchovies, Caesar dressing		WHEAT							<b>✓</b>				<b>✓</b>	<b>✓</b>
Salt & Pepper Squid. Garlic mayo		WHEAT		✓				<b>✓</b>	✓					

Submitted by: J Foster-Grundy Checked by: Chase Lee Chalk



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DISHES						upin Flour	Milk		MUSTARD			SSEAM		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
PAN-ROASTED CHICKEN BREAST King oyster mushroom, garlic & truffle gratin, seasonal greens, chicken & tarragon jus	<b>✓</b>						<b>✓</b>						<b>✓</b>	<b>✓</b>
DUO OF LAMB 6oz lamb rump, crispy braised lamb, pea purée, rösti and a lamb jus	<b>√</b>			<b>✓</b>										✓
MARKET FISH OF THE DAY CHANGES, PLEASE CONFIRM Caviar sauce vierge, a selection of sea vegetables and seaweed buttered new potatoes	<b>√</b>				<b>✓</b>		<b>✓</b>							<b>√</b>
100Z PORK RIBEYE Peach & nectarine salsa, wilted spring greens, thick cut chips	<b>√</b>													<b>✓</b>
WILD HERB PESTO LINGUINE Peas, broad beans, artichokes and Gran Levanto shavings		WHEAT					<b>✓</b>			PINE				✓
CHEF'S "PIE OF THE DAY" – CHANGES, PLEASE CONFIRM Short-crust pastry pie of the day, fresh market vegetables, mashed potato and gravy on the side	✓	<b>✓</b>		✓			<b>✓</b>		<b>✓</b>					<b>√</b>
IOOZ BEER- BATTERED COD. Line caught cod with our house tartare sauce, salad garnish and thick cut chips	<b>√</b>	<b>✓</b>		<b>✓</b>	<b>✓</b>				<b>✓</b>					<b>✓</b>

DISHES					D°	Lupin Flour	Milk		MUSTARD			SISMM		Beer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
LASAGNE AL FORNO Beef lasagne, rich tomato & basil sauce	<b>√</b>	WHEAT					1		<b>✓</b>					1
HONEY GLAZED WILTSHIRE HAM Brace of fried eggs, coleslaw, salad, seasoned chips	✓			<b>√</b>					<b>✓</b>					<b>√</b>
PRIME BRITISH BEEF BURGER Your choice of stilton or cheddar cheese, chroizonnaise, gem lettuce and tomato, in a brioche bun with seasoned chips		WHEAT		<b>√</b>			<b>✓</b>		<b>✓</b>					<b>√</b>
"MOVING MOUNTAINS" VEGAN BURGER Curried vegan mayo, tomato salsa, thick cut chips		WHEAT							<b>✓</b>				<b>✓</b>	<b>✓</b>
OUR STEAKS RUMP & FILLET served with tobacco onions, thick cut chips and your choice of a dressed salad or Lyonnaise green beans	<b>√</b>	WHEAT					<b>✓</b>		<b>✓</b>					<b>√</b>
PORT & STILTON SAUCE	✓						<b>✓</b>							1
PEPPERCORN & BRANDY SAUCE	✓						1							1
CHIMICHURRI														<b>√</b>

DISHES					D.	Lupin Flour	Milk		MUSTARD			SSEMMI		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SIDE DISHES SEASONED CHIPS														
ONION RINGS		✓												<b>✓</b>
DRESSED SALAD									<b>✓</b>					<b>✓</b>
MASHED POTATO							<b>√</b>							
LYONNAISE GREEN BEANS							✓							<b>/</b>
PLOUGHMAN'S WILTSHIRE HAM, CHEDDAR, STILTON, BRIE With caramelised red onion chutney, piccalilli, pickled onions, beetroot pickled egg, ciabatta, salad, coleslaw and apple slices	✓	WHEAT		<b>√</b>			✓		<b>√</b>					✓
CIABATTAS & SANDWICHES SLICED PEPPERERD BEEF REUBEN		WHEAT (PLUS RYE & BARLEY IN SANDWICHES)		<b>✓</b>			<b>✓</b>		<b>✓</b>					<b>✓</b>
FISH GOUJONS & TARTARE SAUCE		WHEAT (PLUS RYE & BARLEY IN SANDWICHES)		<b>✓</b>	•				<b>✓</b>					•

DISHES						Jupin Flour	Milk		MUSTARD			SSEAM		Beer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BACON, CHEDDAR CHEESE & MUSHROOM		WHEAT (PLUS RYE & BARLEY IN SANDWICHES)					1		1					1
CRISPY BACON, MELTED BRIE & CRANBERRY		WHEAT (PLUS RYE & BARLEY IN SANDWICHES)					1		1					•
TUNA MAYONNAISE & RED ONION		WHEAT (PLUS RYE & BARLEY IN SANDWICHES)		1	1				1					1
PRAWN MARIE ROSE & GEM LETTUCE	<b>√</b>	WHEAT (PLUS RYE & BARLEY IN SANDWICHES)		<b>✓</b>					<b>✓</b>					<b>✓</b>
MOZZARELLA, PESTO, ROQUETTE & BALSAMIC		WHEAT (PLUS RYE & BARLEY IN SANDWICHES)					<b>✓</b>		1	V PINE NUTS				✓
JACKET POTATOES BACON, CHEDDAR CHEESE & MUSHROOM							<b>✓</b>		<b>✓</b>					<b>✓</b>
PRAWN MARIE ROSE & GEM LETTUCE			1	✓			1		1					1
TUNA MAYONNAISE & RED ONION				✓	1				1					1

DISHES						Lupin Flour	Milk		MUSTARD			Sham		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BAKED BEANS & CHEESE	1						1							1
FIXED PRICE LUNCH Please see Main Menu dishes allergen info														
SUNDAY LUNCH ITEMS Please see Main Menu dishes allergen info PLUS														
ROAST RUMP OF BEEF	1	WHEAT		✓			✓		1					✓
ROAST PORK BELLY PORCHETTA	✓	WHEAT		✓			✓		<b>✓</b>					✓
ROAST ROLLED LEG OF LAMB	✓	WHEAT		✓			<b>✓</b>		1					<b>✓</b>
ROAST BREAST OF CHICKEN & STUFFING	✓	WHEAT		✓			•		<b>✓</b>	TRACE, IN				•
WALNUT, LENTIL & DATE NUT LOAF	✓	WHEAT		✓			✓		<b>✓</b>	<b>√</b> WALNUTS				✓
BOWL OF CAULIFLOWER CHEESE							1		1					<b>✓</b>
YORKSHIRE PUDDING		WHEAT		<b>✓</b>			1							
PIGS IN BLANKETS														✓

DISHES						Lupin Flour	Milk		MUSTARD			III.		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHILDREN'S MENU Please see Main Menu dishes allergen info PLUS CHICKEN GOUJONS		WHEAT					1							
PIZZA	✓	WHEAT					✓							<b>✓</b>
FISH FINGERS		WHEAT			<b>✓</b>									<b>✓</b>

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DISHES					A.S.	upin Flour	Milk		MUSTARD			SSAM OC		Beer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
"STRAWBERRIES & CREAM" Macerated Cheddar Valley strawberries, clotted cream parfait, shortbread, strawberry & tonka bean gel		WHEAT		<b>√</b>			<b>√</b>							<b>✓</b>
SELECTION OF FRESHLY BAKED MADELEINES Whipped orange butter, saffron poached apricots		WHEAT		<b>✓</b>			<b>✓</b>							<b>√</b>
TRIPLE CHOCOLATE BROWNIE Chocolate soil, Marshfield Farm "Very Vanilla" ice-cream, salted caramel sauce		WHEAT		<b>√</b>			<b>√</b>							<b>√</b>
VEGAN BROWNIE													<b>✓</b>	✓
BRAMLEY APPLE CRUMBLE Custard or ice-cream		WHEAT					<b>√</b>							<b>√</b>
ARTISAN CHEESEBOARD CHANGES, PLEASE CONFIRM		WHEAT					<b>✓</b>							<b>✓</b>
"BOOZY" AFFOGATO "Marshfield Dairy" salted caramel ice-cream, double espresso & Frangelico, crushed Biscoff biscuit		WHEAT		<b>✓</b>			✓			<b>√</b>				<b>√</b>
"Marshfield Dairy" Ice- Cream & Sorbet		WHEAT					<b>√</b>							

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